# Second law and eigenstate thermalization in isolated quantum many-body systems

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Osaka University, 29 January 2019.

E. Iyoda, K. Kaneko, T. Sagawa, PRL **119**, 100601 (2017).

T. Yoshizawa, E. Iyoda, T. Sagawa, PRL **120**, 200604 (2018).

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# Outline

- Introduction
- Eigenstate thermalization hypothesis (ETH)
  - Review of ETH
  - Our result: Numerical large deviation analysis
- Second law and fluctuation theorem
  - Conventional setup
  - Our result: SL and FT for pure quantum states

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### Origin of macroscopic irreversibility



#### Fundamental question since Boltzmann



### Modern progress



#### **Experiments:**



Bloch group, Nature physics (2012)

#### Superconducting qubits



Martinis group, Nature Physics (2016)

# Quantum ergodicity $\langle \psi(t)|0|\psi(t)\rangle$ Long time average $\bar{0}$ $\rightarrow t$

A pure state can reach thermal equilibrium after (reasonable) relaxation time by unitary dynamics

When and why 
$$\overline{O} \simeq \operatorname{tr}[O\rho_{\mathrm{MC}}]$$
?  
 $\uparrow$   $\land$   
Long-time average Microcanonical average

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### Eigenstate-thermalization hypothesis (ETH)

Srednicki, PRE 50, 888 (1994); Rigol, Dunjko, Olshanii, Nature 452, 854 (2008)

#### All the energy eigenstates are thermal

$$\langle E_i | O | E_i \rangle \simeq \operatorname{tr}[O \rho_{\mathrm{MC}}]$$

Microcanonical average

Believed to be true (from numerical evidences) only for non-integrable systems under reasonable assumptions (e.g., local interaction, translation invariance,...)

#### **Sufficient condition for thermalization!**

Long time average =  $\sum_{i} |c_i|^2 \langle E_i | O | E_i \rangle \simeq \text{tr}[O \rho_{\text{MC}}]$ 



Integrable: XXZ, Non-integrable: XXZ +nnn

K. Kaneko, E. Iyoda, T. Sagawa, Bulletin of Physical Society of Japan (2018)

### Lattice systems

#### A good platform to study quantum many-body systems

- ✓ Fundamental theorems have been rigorously established
- ✓ Various numerical studies
- Experimentally accessible with ultracold atoms

Especially, we focus on situations where:

- *d*-dim, periodic boundary
- Local interaction
- Translation invariant ⇒ *No localization*
- Exponential decay of correlation functions ⇒ *Not on a critical point*

N: the system size (the number of the lattice sites) D: the dimension of the microcanonical energy shell Boltzmann entropy:  $S = k_{\rm B} \ln D$ 



M. Cheneau et al., Nature 481, 484 (2012)

### Formalize ETHs

 $\langle E_i | O | E_i \rangle$ 

ج .

 $tr[O\rho_{MC}]$ 

**Strong ETH:** *All* the energy eigenstates are thermal **Weak ETH:** *Almost all* the energy eigenstates are thermal

Let *O* an observable with ||O|| = 1. Let  $\varepsilon > 0$ .

An energy eigenstate  $|E_i\rangle$  is called  $\varepsilon$ -thermal with respect to O iff  $|tr[O\rho_{MC}] - \langle E_i | O | E_i \rangle| < \varepsilon$ .

Let  $D_{out}^{\varepsilon}$  be the number of eigenstates  $|E_i\rangle$  that are not  $\varepsilon$ -thermal.

Now define:

- (*H*, *O*) satisfies the strong ETH, iff for any  $\varepsilon > 0$ , there exists  $N_0$  such that for all  $N \ge N_0$ ,  $D_{out}^{\varepsilon} = 0$ .
- (*H*, *O*) satisfies the weak ETH, iff for any  $\varepsilon > 0$ ,  $\lim_{N \to \infty} \frac{D_{out}^{\varepsilon}}{D} = 0$ .

Rem. If the Hamiltonian has degeneracy, we should add "there exists an energy eigenbasis..."

### Validity of ETH

	Thermalization to microcanonical	Strong ETH	Weak ETH
Nonintegrable	0	0	0
Integrable	×	×	0
Localized	×	×	×

Integrable system does not thermalize: Strong ETH is the plausible scenario of thermalization!

#### Weak ETH: Variance

*O*: quasi-local observable with ||O|| = 1, Size of its support:  $|suppO| = O(N^{\alpha}), 0 \le \alpha < 1/2$ 

Fluctuation over energy eigenstates:

$$(\Delta O_{\text{wETH}})^2 \coloneqq \frac{1}{D} \sum_{i \in M} (\langle E_i | O | E_i \rangle - \text{tr}[O\rho_{\text{MC}}])^2$$

#### Make some additional assumptions:

that are needed for the local equivalence of ensembles:

- ✓ Exponential decay of correlations  $\Rightarrow$  Not on a critical point
- ✓ Rapid convergence of the free energy

Our theorem: Iyoda, Kaneko, Sagawa, Phys. Rev. Lett. 119, 100601 (2017)

 $(\Delta O_{\rm wETH})^2 \leq \mathcal{O}(N^{-\frac{(1-2\alpha)}{4}+\delta}) \qquad \delta > 0$ : can be arbitrarily small

The case of  $\alpha = 0$  was discussed by Biroli, Kollath, Läuchli, PRL **105**, 250401 (2010) (But their proof was not rigorous. Our proof is based on the local equivalence of ensembles by Tasaki, arXiv:1609.0698)

#### In reality (numerics): Integrable: $(\Delta O_{wETH})^2 = O(N^{-1})$ , Non-integrable: Essentially, $(\Delta O_{wETH})^2 = e^{-O(N)}$



### Weak ETH: Large deviation

O: **local** observable with ||O|| = 1

D: dimension of the microcanonical energy shell  $D_{out}^{\varepsilon}$ : the number of athermal eigenstates N: the number of lattice sites

$$\frac{D_{\text{out}}^{\varepsilon}}{D} \le \exp(-\gamma_{\varepsilon}N + o(N))$$

 $-\varepsilon + \frac{\langle E_i | O | E_i \rangle}{\varepsilon}$ tr[ $O\rho_{\rm MC}$ ]

$$\gamma_{\varepsilon} > 0, \gamma_{\varepsilon} = \mathcal{O}(\varepsilon^2)$$

#### This is rigorous and applicable to both integrable and non-integrable cases

Under the assumptions of translation invariance, not on a critical point, etc

But this theorem does **not** guarantee the strong ETH, because  $D_{out}^{\varepsilon}$  itself can be exponentially large (as *D* is exponentially large)

K. Netocny, F. Redig, J. Stat. Phys. **117**, 521 (2004).
M. Lenci, L. Rey-Bellet, J. Stat. Phys. **119**, 715 (2005).
Y. Ogata, Comm. Math. Phys. **296**, 35 (2010).

H. Tasaki, J. Stat. Phys. **163**, 937 (2016). T. Mori, arXiv:1609.09776 (2016) .

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### Numerical large deviation analysis

T. Yoshizawa, E. Iyoda, T. Sagawa, PRL **120**, 200604 (2018).

 $\frac{-\varepsilon}{\mathrm{tr}[0\rho_{\mathrm{MC}}]}$ 

Slightly modified definition of athermal eigenstates:

Let  $D_{out}$  be the number of eigenstates  $i \in M(E, \Delta)$  that are not thermal in the following sense:

 $|\operatorname{tr}[O\rho_{\mathrm{MC}}(E_{i},\delta)] - \langle E_{i}|O|E_{i}\rangle| > \varepsilon$  $\Delta = \mathcal{O}(N), \delta = \mathcal{O}(1)$ 

Cf. The previous (standard) definition:

 $|\mathrm{tr}[O\rho_{\mathrm{MC}}(E,\Delta)] - \langle E_i|O|E_i\rangle| > \varepsilon, \ \mathcal{O}(1) \leq \Delta \leq \mathcal{O}(\sqrt{N})$ 

#### Numerical large deviation analysis: Integrable

T. Yoshizawa, E. Iyoda, T. Sagawa, PRL **120**, 200604 (2018).

1d spin chain (= hardcore bosons)

$$\left[\hat{b}_i^{\dagger}, \hat{b}_j\right] = \left[\hat{b}_i, \hat{b}_j\right] = \left[\hat{b}_i^{\dagger}, \hat{b}_j^{\dagger}\right] = 0 \quad \left\{\hat{b}_i^{\dagger}, \hat{b}_i\right\} = 1, \ \left\{\hat{b}_i, \hat{b}_i\right\} = \left\{\hat{b}_i^{\dagger}, \hat{b}_i^{\dagger}\right\} = 0$$



Exponential decay of  $D_{out}/D$ 



Strong ETH is false

#### Numerical large deviation analysis: Non-integrable

T. Yoshizawa, E. Iyoda, T. Sagawa, PRL **120**, 200604 (2018).

Nonintegrable case: XXX +nnn

$$\hat{\mathcal{H}}_{XXX} := \frac{1}{1+\lambda} \left[ \hat{\mathcal{H}}_0 + \lambda \hat{W} \right]$$

 $\hat{\mathcal{H}}_0$ : XXX Hamiltonian  $\hat{W}$ : next-nearest term

 $\lambda$  : intergrability-breaking parameter



**Double exponential** decay of  $D_{out}/D$ 

Strong ETH is true (even **near integrability**!)

### Double exponential decay of $D_{out}/D$

T. Yoshizawa, E. Iyoda, T. Sagawa, PRL **120**, 200604 (2018).



Consistent with random matrix theory

### Validity of ETH

	Thermalization to microcanonical	Strong ETH	Weak ETH
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Integrable	×	×	0
Localized	×	×	×

Integrable system does not thermalize: Strong ETH is the plausible scenario of thermalization!

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### Second law and fluctuation theorem

Second law Entropy production is non-negative on average  $\langle \sigma \rangle \ge 0$ 

**Fluctuation theorem** Universal relation far from equilibrium

 $\left\langle e^{-\sigma} \right\rangle = 1$ 

Second law as an equality!

Theory (1990's-) Dissipative dynamical systems, Classical Hamiltonian systems, Classical Markov (ex. Langevin), Quantum Unitary, Quantum Markov, ...

Experiment (2000's-) Colloidal particle, Biomolecule, Single electron, Ion trap, NMR, ...



J. Liphardt et al.,

Science 296, 1832 (2002)

A-rich bulge





A. An et al., Nat. phys. 11, 193 (2015)

## Setup for previous studies

By J. Kurchan, H. Tasaki, C. Jarzynski, ...

Total system: system S and bath B

(arbitrary: Not necessarily on a lattice!)

S+B obeys unitary dynamics

$$\hat{\rho}(t) = \hat{U}\hat{\rho}(0)\hat{U}^{\dagger}, \quad \hat{U} = \exp(-i\hat{H}t)$$

$$\hat{H} = \hat{H}_{\rm S} + \hat{H}_{\rm I} + \hat{H}_{\rm B}$$



Initial state of S: arbitrary

Initial state of B: Canonical

→ This is a very special assumption that leads to the second law.

No initial correlation between S and B.

$$\hat{\rho}(0) = \hat{\rho}_{\rm S}(0) \otimes \hat{\rho}_{\rm B}(0), \quad \hat{\rho}_{\rm B}(0) = e^{-\beta \hat{H}_{\rm B}} / Z_{\rm B}$$

### Second law (Clausius inequality)

 $\Delta S_{\rm S} \ge \beta \langle Q \rangle$ 

von Neumann entropy

Heat



$$S_{\rm S}(t) = -\mathrm{tr}_{\rm S}[\hat{\rho}_{\rm S}(t)\ln\hat{\rho}_{\rm S}(t)], \quad \hat{\rho}_{\rm S}(t) = \mathrm{tr}_{\rm B}[\hat{\rho}(t)]$$
$$\langle Q \rangle = -\mathrm{tr}_{\rm B}[(\hat{\rho}(t) - \hat{\rho}(0))\hat{H}_{\rm B}]$$

#### Information entropy and Heat are linked!

(if the initial state of bath B is **canonical**)

$$\langle \sigma \rangle \equiv \Delta S_{\rm s} - \beta \langle Q \rangle \ge 0$$

: entropy production on average (non-negative)

### Fluctuation theorem

 $\sigma$ : stochastic entropy production (fluctuates)

Let  $\hat{\sigma}(t) \equiv -\ln \hat{\rho}_{\rm S}(t) + \beta \hat{H}_{\rm B}$ 

Projection measurements of  $\hat{\sigma}(t)$  at initial and final times Difference of outcomes:  $\sigma$ 



#### Integral fluctuation theorem (Jarzynski equality)

$$\left\langle e^{-\sigma} \right\rangle = 1$$

Second law can be expressed by an **equality** with full cumulants (even if S is far from equilibrium)

Reproduces the second law by 
$$\left\langle e^{-\sigma}
ight
angle \!\geq\! e^{-\!\left\langle \sigma
ight
angle}$$

and the fluctuation-dissipation theorem, etc.

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### Second law for a single energy eigenstate?

Conventional derivation of the second law: The initial canonical distribution of the bath  $\Rightarrow$  The second law

ETH argument: Even a single energy eigenstate can be thermal; The canonical distribution is just a statistical-mechanical *ansatz* to compute thermodynamic quantities in equilibrium.

#### Question:

Is it possible to prove the second law when the initial state of the bath is a single energy eigenstate, as a theorem of quantum mechanics?

#### Our theorem (roughly):

 $\Delta S_S - \beta Q \ge -\varepsilon$  holds for most of the energy eigenstates

### Setup

• Small system S is locally in contact with a large bath B:  $H = H_S + H_I + H_B$ 



- Initial state:  $\rho(0) = \rho_{S}(0) \otimes |E_{i}\rangle\langle E_{i}|$  $\rho_{S}(0)$  is arbitrary,  $|E_{i}\rangle$  is a **thermal** eigenstate
- B is on a lattice and satisfies some assumptions required for the ETH and the "Lieb-Robinson bound." Especially:
  - Local interaction
  - − Translation invariant ⇒ No localization
  - − Exponential decay of correlations ⇒ Not on a critical point

### Second law (Clausius inequality)

 $\Delta S_{\rm S} - \beta \langle Q \rangle \ge -\varepsilon$ 

#### ${\mathcal E}\,$ : Small error term

For any  $\varepsilon > 0$ , for any t, there exists a sufficiently large bath, such that...

→ Mathematically rigorous

# Even though the state of B is an energy eigenstate, information and thermodynamics are linked

Size of the bath:  $N = O(\varepsilon^{-4(1-2\alpha)-\delta})$ Lieb-Robinson time:  $\tau = O(N^{\alpha/d})$   $0 < \alpha < 1/2$   $\delta = +0$ 

#### Key of the proof: Lieb-Robinson bound

The velocity of "information propagation" in B is finite, due to locality of interaction

Effective "light-cone" like structure





 ${\bf S}$  is not affected by  ${\bf B}_1$  in the short time regime

S feels as if B is in the canonical distribution if the initial energy eigenstate of B satisfies ETH

#### Lieb-Robinson bound

 $\left\| \left[ \hat{O}_{\mathrm{S}}(t), \hat{O}_{\partial \mathrm{B}_{0}} \right] \right\| \leq C \left\| \hat{O}_{\mathrm{S}} \right\| \cdot \left\| \hat{O}_{\partial \mathrm{B}_{0}} \right\| \cdot \left| S \right| \cdot \left| \partial \mathrm{B}_{0} \right| \cdot \exp\left[ -\mu \mathrm{dist}(\mathrm{S}, \partial \mathrm{B}_{0}) \right] \left( \exp(\nu |t|) - 1 \right)$ 

 $v/\mu$  : Lieb-Robinson velocity

au : Lieb-Robinson time

 $t \ll \tau \equiv \mu \operatorname{dist}(\mathbf{S}, \partial \mathbf{B}_0) / v \rightarrow \operatorname{small}$ 

E. Lieb and D. Robinson, Commun. Math. Phys. 28, 251 (1972)M. Hastings and T. Koma, Commun. Math. Phys. 265, 781 (2006)

### Integral fluctuation theorem

$$\left|\left\langle e^{-\sigma}\right\rangle - 1\right| \leq \varepsilon$$

For any  $\mathcal{E} > 0$ , for any time *t*, there exists a sufficiently large bath, such that...

→ Mathematically rigorous

In addition,  $[H_{\rm S} + H_{\rm B}, H_{\rm I}] = 0$  is assumed. If this commutator is not zero but small, a small correction term is needed.

# Universal property of thermal fluctuation far from equilibrium emerges from quantum fluctuation of pure states

Size of the bath:  $N = O(\varepsilon^{-4(1-2\alpha)-\delta})$ Lieb-Robinson time:  $\tau = O(N^{\alpha/d})$   $0 < \alpha < 1/2$   $\delta = +0$ 

### Numerical simulation: Setup

Hard core bosons with nearest-neighbor repulsion (equivalent to XXZ)

 $\{\hat{c}_{i}, \hat{c}_{i}^{\dagger}\} = 1, \ \{\hat{c}_{i}, \hat{c}_{i}\} = \{\hat{c}_{i}^{\dagger}, \hat{c}_{i}^{\dagger}\} = 0 \qquad [\hat{c}_{i}, \hat{c}_{j}^{\dagger}] = [\hat{c}_{i}, \hat{c}_{j}] = [\hat{c}_{i}^{\dagger}, \hat{c}_{j}^{\dagger}] = 0 \ \text{for } i \neq j$ 

$$\hat{H}_{\rm S} = \varepsilon \hat{c}_0^{\dagger} \hat{c}_0 \qquad \hat{H}_{\rm I} = -\gamma' \sum_{\langle 0,j \rangle} \left( \hat{c}_0^{\dagger} \hat{c}_j + \hat{c}_j^{\dagger} \hat{c}_0 \right)$$
$$\hat{H}_{\rm I} = c \sum_{i=1}^{\infty} \hat{c}_i^{\dagger} \hat{c}_i \qquad \gamma \sum_{\langle 0,j \rangle} \left( \hat{c}_i^{\dagger} \hat{c}_i + \hat{c}_j^{\dagger} \hat{c}_i \right) + c \sum_{i=1}^{\infty} \hat{c}_i^{\dagger} \hat{c}_i$$

$$\hat{H}_{\rm B} = \varepsilon \sum_{i} \hat{c}_{i}^{\dagger} \hat{c}_{i} - \gamma \sum_{\langle i,j \rangle} \left( \hat{c}^{\dagger}{}_{i} \ \hat{c}_{j} + \hat{c}^{\dagger}{}_{j} \ \hat{c}_{i} \right) + g \sum_{\langle i,j \rangle} \hat{c}^{\dagger}{}_{i} \ \hat{c}_{i} \hat{c}^{\dagger}{}_{j} \ \hat{c}_{j}$$

 $\gamma / \varepsilon = 1, \quad g / \varepsilon = 0.1$ 

Initial state:  $\hat{\rho}_{\rm S}(0) = \left|1\right\rangle \langle 1 \right|$ Bath: 4 bosons,  $\beta = 0.1$ 

#### Method: Exact diagonalization (full)



### Second law



Lieb-Robinson Time  $au \sim 1/\gamma$ 

Average entropy production is always non-negative

#### Even beyond the Lieb-Robinson time

→ Kaneko, Iyoda, Sagawa, Phys. Rev. E **96**, 062148 (2017).

### Integral fluctuation theorem



Lieb-Robinson Time  $au \sim 1/\gamma$ 

#### **Integral FT holds**

(But quite subtle, because of the large finite-size effect)

Deviation comes from "bare" quantum fluctuation

**Dynamical crossover** from thermal fluctuation to bare quantum fluctuation

### Estimation of the LR time $\tau$



#### **Coffee in a room:** $\tau \sim ms$ **very short!**

If air of the room was in an energy eigenstate, then the FT would hold only in such a short time scale.

#### Ultracold atoms: $\tau \sim L^{1/2} \hbar / J$

Can be hundreds times of the experimental time scale  $\hbar/J$ 

M. Cheneau *et al.,* Nature 481, 484 (2012)

*J*: tunneling amplitude *L*: the side length (the number of the sites) of the system

Clear verification of the FT would be possible



E. Iyoda, K. Kaneko, T. Sagawa, Phys. Rev. Lett. **119**, 100601 (2017)

For pure states under reversible unitary dynamics,



✓ Second law

$$\Delta S_{\rm S} - \beta \langle Q \rangle \ge -\varepsilon_{\rm 2nd}$$

relates thermodynamic heat and the von Neumann entropy Both in the short and long time regimes

Fluctuation theorem

$$\left|\left\langle e^{-\sigma}\right\rangle - 1\right| \leq \varepsilon_{\mathrm{FT}}$$

Fundamental property of entropy production far from equilibrium Only in the short time regime

Key ideas: ETH and Lieb-Robinson bound

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